

Mathers Clinic

ADHD - Symptom Checklist—Child & Adolescent Version

Child's Name: _____

Gender: _____ Age: _____ Grade: _____ Date: _____ / _____ / _____

Completed By: _____ Relationship To Child: _____

Directions: Check the box that describes this child's behavior at home (if you are the child's parent) or at school (if you are the child's teacher) over the past six months.

Inattention Behaviors	Not At All	A Little	Often	Very Often
1. Fails to give close attention to details or makes careless mistakes in schoolwork or other activities.				
2. Has difficulty keeping attention on tasks or play activities.				
3. Does not seem to listen when spoken to directly.				
4. Does not follow through on instructions and fails to finish schoolwork, chores, or duties. <i>(not due to oppositional behavior or failure to understand instructions).</i>				
5. Has difficulty organizing tasks and activities.				
6. Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort. <i>(e.g., schoolwork or homework or chores).</i>				
7. Loses things necessary for tasks or activities. <i>(e.g., toys, school assignments, pencils, books or tools).</i>				
8. Is easily distracted by extraneous stimuli.				
9. Is forgetful in daily activities.				
Totals for Inattention				
Hyperactivity Symptoms	Not At All	Just A Little	Often	Very Often
10. Fidgets with hands or feet or squirms in seat.				
11. Leaves seat in classroom or in situations in which it is inappropriate. <i>(in adolescents may be feelings of restlessness). (e.g., dinner table, in classroom)</i>				
12. Runs about or climbs excessively in situations in which remaining seated is expected.				
13. Has difficulty playing or engaging in leisure activities quietly.				
14. Is "on the go" or often acts as if "driven by a motor."				
15. Talks excessively.				
Impulsivity Symptoms	Not At All	Just A Little	Often	Very Often
16. Blurts out answers before questions have been completed.				
17. Has difficulty awaiting turn.				
18. Interrupts or intrudes on others. <i>(e.g., butts into conversations or games).</i>				
Totals for Hyperactivity & Impulsivity				

Were some of these behaviors present before age 7? Yes No Unsure N/A

Scoring Instructions for the ADHD Symptom Checklist: To meet DSM-IV criteria for ADHD, one must have at least 6 responses of "Often" or "Very Often" (scored 2 or 3) to either the 9 inattentive items (1-9) or 9 hyperactive-impulsive items (10-18), or both. In addition, symptoms must have occurred in childhood, they must impair the child's functioning in two or more settings and they must not be primarily due to any other factors or conditions.

